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MID-TOWN

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THE ROTARY CLUB OF BOMBAY MID-TOWN DISTRICT 3141 | CLUB 15496 | MUMBAI, INDIA









From the President's desk...



Dear Friends.

The September bulletin of Mid-town has two events from the month of August, both extremely important for the club. The first was a talk by Mrs. Jaya Row. As many are aware, she speaks on the Bhagwat Gita and its importance in our lives. During the talk, she spoke on "Awaken the leader within" and discussed with us the difference between a "boss" and a leader, the qualities of a leader and how we all have a leader within us. The meeting had a huge attendance and, as always, she was extremely graceful.

That same morning we also had the installation of the President of the Interact Club at Walsingham School which was attended by Dr. Kasbekar, Jamshed, Gargi and me. Personally, I find it very exciting to address young students

because there is a chance to plant within them some ideas, thoughts or ways of thinking. If none of those, then at least give them a different point of view from what their parents or teachers have been saying to them. The appointed heads of the Interact Club are: Incoming President - Anam Shaikh, Vice President - Devarshi Jadia, Secretary - Hina Jain, Treasurer - Diya Jain, and the Directors are Diya Vohera, Ananya Rajput, Rutvi Morakhia, Tanisha Kansara.

The month of September saw two very well known personalities speak to us. First was the beautiful Mrs. Tara Sharma. She is an actress and producer, but I personally know her as a hands-on mother and a fitness freak. I know her as a regular person and when she came to our club she spoke on 'Passion, Practicality and Reinvention'. It was about how she continues to be a hands-on mom and still is able to create content that is relevant and influences audiences, how she reinvented herself, and how it had worked. What members loved most about her is the fact that she spoke from her heart very fluidly, and it was a complete pleasure listening to her.

We also had Mr. Kapil Gupta for a talk. He is very well known in the architecture circles and has designed iconic structures in South Mumbai like the Blue Frog and Tote. He is also currently heading the Shrimad Rajchandraji Ashram construction at Dharampur. Even though his topic for the day may not affect our daily lives we were all amazed at how he spoke and the pictures he showed. Most interesting was why he did what he did and how he drew inspiration for the spaces he created. We have requested Mr. Gupta to speak to the Bohra community of Siddhpur about the conservation of old architecture.

Of course, the month began with a fun-filled fellowship in our good, old Woodhouse Gymkhana. We celebrated the birthdays and anniversaries for the month and, of course, received contributions from a few of our members.

The District Governor, Mr. Shahshi Kumar Sharma came to our club for the official club visit. We had a closed-door meeting with him along with some district officials and it was a great learning experience for our board and me. What was important was that he spoke to the Rotractors just like a mentor would, discussing with them the future and philanthropy.

We have come out with our club's brochure regarding our projects. We seek the support of all our members in raising funds for these large-scale, high-impact projects which we want to finish in this year. A special mention is due to our donors, Mr. Asim Agarwal, Santosh Jaipuria, and Jyotivardhan Jaipuria for their contributions to our projects, and also to Rtn. Shernaz for motivating her friends to donate to the ISKON Midday Meal Program. I believe if we all follow in Shernaz's footsteps, there lies a tremendous amount of hope for the not-so-fortunate sections of our society.

Here is to wishing our club a wonderful October. Personally, I look forward to meeting the visiting German students and showing them our country and its culture.

Yours in Rotary, Pres. Rtn. Dr. Deepak Garg



25th August: Installation ceremony of the Rotaract Club of Lala Lajpatrai College





Rtn. Sucharita Hegde represented Mid-Town

The Rotaract Club of Lala Lajpatrai College had their ninth Installation Ceremony, The Oscars, on Saturday, 25th August. It was the day when a new set of directors were inducted and a new legacy was formed. The college's Rotaract Club also hosted the Annual Award Night on the same day. The ceremony was attended by Rtn. Sucharita Hegde, Rtn. Tilak Mehta and Rtn. Gargi Mukherjee. The event saw a gathering of over 300 people.

The vision and motto of the Club—ROCKING—was released which stands for the following:

- R Rotary Rotaract Relation
- O Opportunities beyond Rotaract
- C Child Education
- K Kinetic Energy
- I Creating International Footprints N Enjoy Rotaract
- G Growth and Development

29th August: Installation ceremony the Interact Club of Walsingham School















The Interact Club of Walsingham School had their installation ceremony on Wednesday, 29th August at the school auditorium. Pres. Dr. Deepak Garg, Interact Chairman Dr. A. Kasbekar, Past Chairman Jamsheed Patel and Director Youth Services Gargi Mukherjee were joined by the Principal of Walsingham School, Dr. J. Ananthakrishnana, staff members, and enthusiastic students.

Anam Shaikh was inducted as the President for the year 2018-19, followed by Vice President -

Devarshi Jadia, Secretary - Hina Jain, Treasurer - Diya Jain and Directors - Diya Vohera, Amanda Rajput, Rutvi Morakhia and Tanisha Kansara.

Pres. Dr. Deepak Garg gave an inspiring speech to the students, which was followed by the prize distribution programme. The ceremony ended with an informal discussion over breakfast between the members of the Rotary, the student office bearers of the past and present, and the Principal of the school.

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29th August: Talk by Mrs. Jaya Row



Mrs. Jaya Row, Founder of Vedanta Vision



Mrs. Jaya Row, founder of Vedanta Vision and Founder-Managing Trustee of Vedanta Trust, has spent nearly thirty years in the study and research of Vedanta.

She holds a first class academic record in Microbiology and has had a distinguished management career, which she renounced to devote herself to the interpretation and re-presentation of Vedanta for the modern generation.

According to Mrs. Row, as individuals, we are obsessed with our own self and ask petty questions like when will I get my next promotion, when will I get married. Most of us perform repetitive actions which are not backed by powerful emotional motivation or intellectual inspiration and hence our work becomes monotonous.

She also added the following guidance:

- 1. Change your goal from profiteering to offering
- 2. The biggest obstacle in the path of your success is the thought of self. The minute you stop thinking of yourself, you become a success.



Mrs. Sucharita Hegde introducing Mrs. Jaya Row



Mrs. Asha Singh giving the vote of thanks



- 3. Don't blame the government, don't blame the environment and don't blame others. Blame the Self because if you blame others, you cannot do anything about it, but you can definitely do something about yourself.
- 4. What is the mantra for becoming outstanding? Give unconditional love to all. Thinking clear is important. Develop the habits of walking the talk and living the ideas, and then, you shall become outstanding.

On a closing note, Row highly recommended all to watch the movie The Legend of Bagger Vance which is a 2000 sports drama film directed by Robert Redford. In the movie, Lord Krishna appears as Bagawan (Bagger Vance) helping the hero to follow his path to success.

Jaya Row was given a resounding ovation at the end of her talk.

26th September: Talk by Mr. Kapil Gupta



Kapil Gupta, Co-Founder Serie Architects



Mr. Abuzar Zakir asking a question during QnA Session

Mr. Kapil Gupta is the co-founder of Serie Architects and the principal of Serie Mumbai. His interesting talk and presentation at our Club were peppered with architectural stories and anecdotes. He walked us through his recent projects across different countries and changing topographies—a restaurant space at the Race Course in Mumbai, the cityscape of Singapore, the serene surroundings of Dharampur, among others. Gupta spoke about the challenges faced while designing these varied projects and shared with us the unique characteristics of each project which were worked into their design and architecture. For instance, Gupta's concept for the Tote in Mumbai was inspired by the amazing trees at the Race Course, and his design accentuated and reflected the aura of those trees. On the other hand, in Singapore, the State Courts took the form of a



President Rotary Club, Dr. Deepak Garg



Rtn. Mr. Vicky Punjabi



Rtn. Mrs. Shernaz Tyebjee during QnA Session



vertical high-rise with a transparent façade. And it is by using the natural contours of the environment and the elements of nature, that the campus at Dharampur retained the cultural ethos of the Centre. Gupta's talk was followed by a lively question and answer session.

Sunayana Vora: Know your new member











Avanne & Rushabh Vora

New Rtn. Sunayana Vora

Supriya & Sahil Vora

Intro: On behalf of Rotary Club of Bombay Mid-Town, I was delighted to have a chat with our new member **Sunayana Vora.** What I discovered, through our engaging conversation, was that Vora has great insights in life and living combined and also has a great sense of humor, making her holistic and iconic.

Here are excerpts from the interview:

PB: Tell us something about your childhood

SV: I was brought up in Mumbai and have three sisters and a younger brother. My parents had a modern and progressive outlook and were very particular about education and being self-reliant. My father was my role model. He believed in gender equality and the importance of education which leads to independence and self-reliance. From a very young age, our father taught us the importance of giving back to society. He was an industrialist and a social worker who did a lot of good work—encouraging the girl child, building a hospital and many other initiatives. We have grown up in an environment where social causes are of utmost importance.

PB: How different was raising your boys when compared to your own childhood?

SV: Well, as a child, we had a simple environment. Lessons for both school and life were imparted by parents, family and school; they were our teachers. However, when my sons were growing up, the environment was more vibrant with multiple opportunities. The whole world was their learning ground. From an early age, apart from education, my

sons were engaged in sports. Their extra-curricular activities made them confident, independent, and helped them accept wins and losses as part of life. I would recommend all parents to encourage their children to participate in other activities, apart from studies, like sports, art, music, etc. This channels their energy and helps them stay grounded too.

PB: What about your profession?

SV: I have played various roles so far—from garment designing and fitness training, to my family business in an engineering industry and finally becoming a jeweller. However, my key focus has been jewellery manufacturing and design. Working with a jewellery export house, for over two decades, gave me the opportunity to handle all facets of the industry, on a global level. I have travelled for work across continents, while being based in India and New York.

At present, I have my own company, Sunayana Designs, wherein I curate and customise jewellery—from designing and manufacturing to refurbishing old jewellery, as per domestic and global trends. I have plans to share my experience in this field with young students at colleges, various gemological institutions and also with corporates.

PB: What is your perception of the Rotary Club and the social work that it undertakes?

SV: I am happy to have become a Rotarian as it offers a great platform for social service. The importance of social service has been ingrained in me since childhood by my parents and I have been doing this in some way



Sunayana Vora with her family

or the other all along. At present, my contribution has been in waste management and recycling, education on hygiene, and welfare of senior citizens. I have been associated with social organisations like Sampoorna, Garbage Free India, etc. I hope I can contribute a lot more with our Rotary Club's support and guidance from various team members.

PB: Your comment on the following:

India as a nation

SV: India has made a tremendous mark on the world map, in every aspect. As a result, people, today, are looking at India with a fresh perspective.

Spirituality

SV: Spirituality to me is self belief, faith and gratitude in everything the universe offers.

Fitness

SV: Physical and mental fitness are my life' mantra.

Success mantra

SV: Hard work, focus and sincerity teamed with utmost truthfulness leads to nothing but 100% success.

Take on life

SV: Believe in yourself. Don't carry your mistakes with you. Instead, place them under your feet and use them as stepping stones to rise above.

We conclude by wishing Sunayana all the very best in her various pursuits.

~ Prasanna Bhagat

Rapid fire round

Your hobbies:

Reading, sports, travelling, dancing, music and photography

Travel Destinations:

International: Santorini in Greece and Kawai Islands in Hawaii

Indian: Leh and Ladakh

Movies that made an impression: Godfather

Actors:

Hollywood: George Clooney and Meryl Streep Bollywood: Shahrukh Khan and Priyanka Chopra **Books:** The Palace of Illusions by Divakaruni.

Food: Oriental Cuisine

Because you loved me

Restaurant: Royal China and Thai Pavilion

Favorite Song:

Because you loved me by Celine Dion
You were my strength when I was weak
You were my voice when I couldn't speak
You were my eyes when I couldn't see
You saw the best there was in me
Lifted me up when I couldn't reach
You gave me faith 'cause you believed
I'm everything I am

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Project Little Heart at Kokilaben Dhirubhai Ambani Hospital



On Thursday, 26th July, I visited some children admitted at Kokilaben Dhirubhai Ambani Hospital along with with Rtn. Natasha Parth Sejpal from the Rotary Club of Mumbai Lakers. I spoke to the parents whose children were being treated at the hospital and they all were very happy with the service.

Over 35 surgeries have been completed and further 17 to 18 surgeries will hopefully be carried out.

Here are the details of some of the children and their families whom we met -

Six-year old **Sonish Lokhande** has been diagnosed with a Congenital Heart Defect. A year ago, he

underwent an operation in Nagpur, however, the surgery failed. On somebody's suggestion, Sonish and his family have come to Kokilaben where he needs to once again undergo an Intra Cardiac Repair and Conduit surgery. Our Club has issued a cheque of ₹1,50,000 to support his surgery.

Siddesh Kadveri, a two-year old boy from Ahmednagar, was diagnosed with Congenital Heart Defect. The boy is to undergo a VSD Closure and PA Debanding. Our club has issued a cheque of ₹75,000 to support his surgery.

Rutuja Madhekar from Solapur has been diagnosed with Congenital Heart Defect. She needs to undergo an ASD Device Closure. The Rotray Club of Bombay Mid-Town has issued a cheque of ₹55,000 to support her surgery.

~ Jigisha Parikh

Global Grant Project 174347

We have successfully completed the project. The Funding of ₹59 lakhs enabled us to complete 55 Surgeries of children ranging in age from 3 days old to 10 years. This was done with active support of Natasha Sejpal and Kokilaben Dhirubhai Ambani Hospital.

Silver anniversary celebrations at SGN



Mr Raju Barwale, Chairman Shri Ganapati Netralaya welcoming Hon Governer of Maharashtra Mr C Vidyasagar Rao

Shri Ganapati Netralaya is a non-profit eye hospital located in Jalna. One of the largest

hospitals in Western India, it was founded by Late Mr. B. R. Barwale, an AKS member and past member of the Rotary Club of Bombay Mid-Currently, the Chairman of the Board of Trustees is Mr. Raju Barwale and member of the Board of Trustees is Dr. Deepak Garg, both of them members of the Rotary Club of Bombay Mid-Town. This year Shri Ganapati Nethralaya completed 25 years and the event was celebrated grandly in Jalna. The Governor visited the hospital for the celebration. He spoke very kindly about Late Mr. Barwale and complimented the hospital's team for their efforts. The event was duly covered in the local media. Rotary Club of Bombay Mid-Town shares the pride of this great milestone achieved by the hospital.

19th September: Official Club Visit











The Official Club Visit was held on the 19th September. The Governor of our district 3141, Mr. Shashi Kumar Sharma visited the club. He was accompanied by Mr. Ranbir Krishan, Mr. Jay Tochniwal, and Mr. Arun Bhargava. We all assembled at 11.30 am for the closeddoor meeting where the board of Rotary club of Bombay Mid-Town was present. During which a great discussion on all our projects and also the functioning of our club ensued.

The actual meeting started post lunch, at 1.30 pm. This time, the District Governor made it very informal by asking members of the audience questions about their avenues or committees which went off very well with the members.

We, as a club, hope to keep improving on two major fronts: our projects and the working of our club.

Generous inputs

Mr. Asim Agarwal generously donated INR 6 lakhs for our Rotary projects. From this amount, ₹3 lakhs has been designated for the construction of classroom in the village of Utavli, in the Palghar District. The remaining ₹3 lakhs will be utilized by our NGO partner

NASEOH for the upgradation of their Computer Lab.

Santosh and Jyotivardhan Jaipuria, sister- and brother-in-law of IPP Mr. Manoj Jalan also donated ₹1.5 lakhs for the construction of classroom in Uttavli.

Burjor Nariman: A matter of pride

The Rotary Club of Bombay Mid-Town is delighted to inform that Mr. Burjor Nariman has been appointed

as a member of the Consumer Complaints Committee of the Advertising Standards Council of India.

General Elections at Willingdon Sports Club

One of the most prestigious sports clubs in the city, the Willingdon Sports Club recently conducted its General Elections in which three of our dear Rotarians came out with flying colours. Past President Atul Premnarayan gloriously

bagged the highest number of votes in the club, i.e., 706 votes in the Balloting and Disciplinary Election. Director Mehli Cama with 640 votes and Arvind Doshi with 567 votes claimed their victories.

Visit to ISKON Kitchen



The Rotary Club of Bombay Mid-Town has been associated with the ISKON mid-day meal project 'Annamrita' for several years now. The project was spearheaded by our Rotarian Naren Mohatta. This year too, some of us visited the Tardeo kitchen to personally see how well the project is being managed. We were shown around by the daughter of the Director and we must say that from cleanliness to the efficiency with which khichdi is prepared in an area of merely 300 sq. feet, the effort is truly laudable.

The passion and dedication of the father-daughter duo is evident for all to see, and I urge each and every Rotarian and their families to pay





these premises a visit. 80,000 children from underprivileged backgrounds are fed everyday and the meticulous planning and execution that goes into this meal is to be seen to be believed.

During the visit, Naren Mohatta donated ₹50,000 for the project and more donations are likely to be collected in the coming months. We were informed that the cost of this delicious and nutritious meal (which we got to taste too) is a mere ₹450 per year per child—an amount we spend on a single pizza for our children and grandchildren.

Please do visit and encourage this outstanding project.



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12th September: A talk by Tara Sharma



Tara Sharma speaking during the event

Tara Sharma is an actress, entrepreneur, creator, co-producer and the host of The Tara Sharma Show, a platform to discuss topic of family, parenting, women's and children's issues. Daughter of the author, playwright and the "golden voice" of India, Partap Sharma and British artist and author, Sue Sharma, Tara did her schooling in Mumbai, and then bagged a scholarship to the United World College of the Adriatic in Italy to pursue her IB, followed by B. Sc. in Management at the London School of Economics. Post that she worked with Citibank and Accenture, but deep down had a desire and passion to do something in show business which brought her to Mumbai where she did several films. Soon, love, marriage, and motherhood beckoned Tara. Shortly after becoming a mother, inspired by her father's advice to always reinvent one-self and never stagnate, Tara conceptualized and started her own multi-platform show, The Tara Sharma Show.

Her talk was based on facets of her life so far, 'Passion, Practicality and Reinvention'. Sharing pages from her life, Tara said despite a great job in investment banking and consulting, her passion for show business led her to leave it all behind and pursue her dreams with success. When the next stage of her life arrived, she was





practical enough to follow her heart and marry beau, Roopak Saluja. Over time, she became a dedicated mother to two boys. Life brought her to another stage where her husband encouraged her to pursue her passion once again, and this time Tara reinvented herself creating a unique niche where her love for children and show business merged, and she started a very successful show for babies and bringing them up. Tara has a huge presence on social media with many fans and followers. We all go through similar stages in life and it is the smart ones who realise when to change tracks and be able to reinvent ourselves. Tara is a very charming and charismatic speaker who connected very well with the audience, many of whom she knew well.



Saifee Hospital inaugurates LASIK suite in India

It is the first hospital in India to procure this state-of-the-art LASIK equipment.

Saifee Hospital inaugurated a state of art LASIK suite on 14th August 2016. This suite will house the latest Microscan Visum 500 Excimer machine. This advanced instrument has been imported from Moscow, Russia and will be used in conducting laser eye surgeries exclusively at Saifee's Ophthalmology Department.

Saifee Hospital is the first in India to procure this state-of-the-art LASIK equipment. The Microscan Visum 500 Excimer is a user friendly machine with applications such as Advanced Surface Ablation (PRK), Topo-linked CUSTOM LASIK, Wavefront-guided Ablation, Therapeutic PTK and Wavefront-optimized LASIK.

Speaking on the occasion, Dr. Mehmood Hussein, Head of the Dept. of Ophthalmology at Saifee Hospital says, "At Saifee, it is our constant endeavour to use latest medical equipments to provide the best treatment at affordable to every patient. With the newly introduced LASIK suite, we are sure to conduct maximum cases each day."

The LASIK suite will be fully functional by September 6, 2016 at Saifee Hospital and will be largely used to conduct laser eye surgery to treat near-sightedness, far-sightedness and astigmatism. This is pain-free procedure and usually completed within 15 minutes for both eyes resulting in improved vision.

FEATURES of MICROSCAN VISUM 500

- The world's first Excimer Laser with "Open Type" laser cavity was developed by Nobel-prize winning physicists, Alexander Prokhorov, Nikolay Basov and Charles Townes.
- The system has a proven record of LASIK corrections for Myopia, Myopic astigmatism, Hyperopia, Hyperopic astigmatism, Mixed astigmatism, Wavefront, and Presbyopia.
- A patient benefits a lot from its advanced technology. Eg, this is the only Excimer with proven success for the treatment of Presbyopia.
- Tissue consumption, specially when treating High diopters and for mixed profiles (High diopter + astigmatism), is very less compared to most of the popular lasers, today.
- The open cavity is unique in the sense that it gives the same results irrespective of the number of patients treated in that fill. Totally stable. Enabling no waiting time for a walk-in patient. Gas fill also lasts much longer.

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- Birthdays in October 2018

ROTARY CLUB OF BOMBAY MID-TOWN OFFICERS & DIRECTORS 2018 - 2019

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Dr.Chaitanya Goyal



15 October Shernaz Tyebjee



Akhil Shahani



21 October Shaunak Thacker



Garg Mukherjee



24 October Narendra Mohatta

🚜 Spouse's Birthdays 🍇

01 Dr. Nasreen Tibrewala

02 Kirti Dalal

02 Leila Sujan

07 Prafulla Sanghvi

11Alifiya Zakir

12 Binaifer Hilloo

20 Anita Mody

21 Aarti Gautam

23 Sheel Mane

Anniversaries *

7 Asha - Yoginder Shankardass

9 Bunty - Krishan Khanna

20 Dr. Latika & Suresh Purohit

21 Tanvi - Vaibhav Sanghi

26 Sushu - Ajit Kamlani

27 Meenu & Rajeev Anand

OCTOBER 2018 ECONIMIC & COMMUNITY DEVELOPMENT MONTH

WEDNESDAY, 03 OCTOBER, MEETING

Welcome for Visiting German Student Venue Taj Mahal Hotel at 1.15 pm

WEDNESDAY, 10 OCTOBER **MEETING**

Speaker: Fellowship Subject: Venue at CCI

WEDNESDAY, 17 OCTOBER **MEETING**

Speaker: Mr. Anil Harish Subject: Insolvency and Bankruptcy Code Venue Taj Mahal Hotel at 1.15 pm

WEDNESDAY, 24 OCTOBER **MEETING**

Speaker: Mr .Karan Bhagat Subject: Founder and CEO OF IIFL Venue Taj Mahal Hotel at 1.15 pm

WEDNESDAY, 31 OCTOBER **MEETING**

Speaker: Closed door Meeting Subject: Venue Taj Mahal Hotel at 1.15 pm

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